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**POST-OPERATIVE PATIENT INSTRUCTION FOR NAIL SURGERY
(CHEMICAL TYPE) **

1. Keep dressing intact until the next morning. Then remove your dressing. If the dressing sticks to the wound, soak it off).
2. Pour Hydrogen Peroxide over the toe-nail area daily Allow a few minutes for the Peroxide to bubble up.
3. Apply a Band-Aid over the toe nail area.or gauze squares.
4. If prescribed, take medication as directed.
5. It is normal to experience drainage from the toe nail border. (Usually a yellowish, clear fluid)
6. If the drainage tends to back up, and a slight increase in pain occurs, then start soaking your foot in a warm, dilute Epsom Salt Solution. (Use approximately 2 to 3 tablespoons of Epsom Salt per quart of warm water).
7. If soaking is difficult apply warm water on a gauze dressing and cover with plastic wrap and cover with a sock. Leave wet dressing on the area for several hours for the best effect.
- 8.If symptoms persist, please contact our office.(510-794-6633)